




Form Input

- Click on **New**. This creates a new form.
- Type your information into the text boxes.
- Click **Save**. It is important to save your input before moving to another part of the platform. It is also recommended to **Save** your input if you are going to be doing something else and you leave the browser open for any extended period of time.

Build Success Systems for Your Organization **Goals Intake** Pre Session Form Individual Assignments

 **Test's Goals**
Note: When you have completed or updated your form, click on the Messages Tab to leave a message for your Coach.

First Form < No Saved Forms > Latest Form  New  Save

Date:

Name: Test User101

Current Situation

What is your primary goal for the next 90 days?

What two specific actions will you take to achieve this goal?

What changes will you have to make to achieve this goal?